

# Dealing with cold symptoms/symptoms of illness in children and young people in kindergartens and schools in Rhineland-Palatinate

valid from 3 Dec. 2020, replaces the information leaflet from 13 Aug. 2020

## Information for parents, guardians and personnel

### In consideration of the current infection situation, the following applies:

- Children and young people may not attend the institution (kindergarten or school) also when they are suffering from an infection with only **mild symptoms** (e.g. a slight cold, a slight/occasional cough). Attendance at the kindergarten or school is permitted again only when the child's general health is good after 24 hours and no further symptoms have appeared.
- If the child or young person is suffering from **more severe symptoms**, in particular respiratory and/or flu-like symptoms (e.g. fever, dry cough, loss of sense of taste or smell, or joint and muscle aches) or if the initially mild symptoms become more severe, the parents shall decide if medical advice should be sought. The attending doctor will then decide if a SARS-CoV-2 test should be carried out.
- If a test is carried out, the child or young person must stay at home at least until the results are reported.
- If the **test results are negative**, the conditions of returning to school apply as above.
- If the **test results are positive**, the instructions and requirements of the Gesundheitsamt health authorities must be observed. The child or young person must be symptom-free for at least 48 hours and may attend kindergarten or school again at the earliest 10 days after symptoms began.
- A doctor's certificate or a certificate confirming no infection with the virus are not required for permission to attend the institution again.
- If a sibling or a parent has had contact to a confirmed case of COVID-19, only the contact person themselves – and not the other members of the family – have to stay at home, as long as the contact person does not develop any symptoms or tests positive.

These recommendations have been developed by the MSAGD and the BM in coordination with the University Medical Center Mainz and the state executive board of the Berufsverband der Kinder- und Jugendärzte e. V. (BVKJ).

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